

**F.No.33-4/2020-TS.III (Pt.)**  
**Government of India**  
**Ministry of Human Resource Development**  
**Department of Higher Education**  
**Technical Section-III**

Shastri Bhawan, New Delhi  
Dated: 31 July, 2020

To

The Director  
All National Institute of Technology (NITs) and IEST Shibpur

**Subject: Manodarpan- An initiative of the Ministry of Human Resource Development of psychosocial support of students, teachers and families for mental health and emotional well being.**

Sir/Madam,

In the wake of the outbreak of COVID-19 pandemic, the Ministry of Human Resource Development has launched an initiative called 'MANODARPAN' to provide psychosocial support to students, teachers and families for mental health and emotional well-being during the COVID outbreak and beyond. The initiative was inaugurated by the Union Minister for Human Resource Development on the 21<sup>st</sup> July, 2020. A web-page has been created on the do's and don'ts, FAQs, online query system and other resource for psychosocial support. It can be accessed at the following url:

**<http://manodarpan.mhrd.gov.in>**

2. The Hon'ble Minister for Human Resource Development also launched the National Toll-free Helpline (8448440632) set up for a country-wide outreach to students from schools, colleges and universities to provide them tele-counselling to address their mental health and psychosocial issues. This unique helpline is managed by a pool of experienced counsellors/ psychologists and other mental health professionals and will continue beyond the COVID-19 situation.
3. It is requested that the aforesaid initiatives taken by this Ministry may be widely disseminated amongst all concerned in your Institute so that interested students/teachers/parents could make full use of these services. A link for the web-page may also be given on the official web-site of the Institute. The National Toll-free Helpline No. 8448440632 may also be prominently displaying on the website and other medium for wide publicity.
4. All NITs and IEST Shibpur are requested to take appropriate action in the matter.

Yours faithfully

*Pawan Kumar*  
31/7/2020

(Pawan Kumar)  
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